

Welcome to ... The Rock.....Word of Life Island

Registration & Activity Information for Parents and Campers

- Transportation:** Word of Life can provide transportation from the following locations to our camps:
Airplane -Word of Life provides roundtrip van shuttle service from Albany International Airport for \$40 roundtrip on Saturdays and \$50 roundtrip on any other day.
Bus - Adirondack Trailways makes frequent stops at the Bus Station in Schroon Lake, New York.

How to request transportation: If your camper needs round-trip van shuttle service from Albany International Airport or the Pottersville Bus Station, please call (518) 494-1494 between 9 a.m. and 5 p.m. weekdays or e-mail bhess@wol.org to give advance notice. Please have your flight information ready when you call. A Word of Life staff member will meet your camper. Campers can give their return tickets to the camp office until departure time.
- Staff:** The counseling staff at the Island is of the highest caliber. Each counselor has been carefully selected and specially trained. The staff at the Island is dedicated to making your camper's experience rewarding.
- Cabin Facilities:** Campers sleep in cabins equipped with bunk beds and the number of campers in each cabin varies. There are approximately seven campers per counselor.
- Cabin Assignments:** All cabin assignments will be made the day before arrival. Any special requests must be made in advance by entering the information into the camper information in your online account.
- Linens and Blankets:** Each camper should bring a pillow and a sleeping bag or sheets and a warm blanket.
- Laundry Facilities:** Coin-operated laundry facilities are available only for campers staying more than one week.
- Food:** The food served is of the finest quality and is prepared under strict supervision. A well-balanced diet is planned for each day. Candy and snacks are available at the Snack Shack.
- Camper Bank:** Upon arrival, it is recommended that campers put their spending money in the Island Bank. The Camper Bank is located in the Island Office. The amount of spending money your camper brings is up to you.
- Health Form:** Please make and keep a copy of the camper's completed health form and mail the original to Word of Life 3 or more weeks prior to your arrival, (please do not fax).

Mail to:

Word of Life Camp Registrar

Attn: Health Forms

PO Box 600

Schroon Lake, NY 12870

- Lost and Found:** Lost & Found articles are returned via UPS prepaid (at the camper's expense) upon claim by parents within the two weeks of the end of camp.
- Telephone Calls:** Please limit calls to campers to emergencies only. The office can be reached by calling (518) 532-7113 between 8 a.m. and 10 p.m. A message will be taken, your camper informed and they may return your call. No calls after 10 p.m. unless it is an extreme emergency (i.e. death in the family).
Cell Phones: Cell phones must be turned off during all meetings, activities and after in dorms. In case of emergencies exceptions can be made by Counselors or Unit Leaders.

12. **Mail:** Please address camper mail like this:

Camper's name & date of attendance
WOL Island
PO Box 600
Schroon Lake, NY 12870

13. **Cancellations:**

If it is necessary to cancel or change your week of camp, please call the camp registrar at 1-800-965-7177. Cancellations more than 31 days prior to arrival will be charged a \$10.00 per person processing fee. Cancellations less than 31 days prior to arrival will forfeit all deposits. *If you fail to notify us of your cancellation prior to your arrival date, all camp fees will be forfeited. If it is necessary to change your plans, please notify the Registrar immediately at 1-800- 965-7177.

14. **Check-In Day:** Registration begins at 2 p.m. and is held at the Jack Wyrzten Center for Island and Ranch campers.

* Please bring your receipt, any medications and a copy of your Health and Activity Record and Medication form.

15. **Pay your balance in full 2 weeks prior to arrival.** All camp fees must be received no later than 2 weeks prior to your arrival in order to avoid cancellation. You may pay your balance by logging into your online account and paying with VISA, MasterCard or Discover or by check. You may also call us in advance and authorize us to charge your credit card for the remaining balance 2 weeks prior to arrival.

16. **Arrival/Departure Times:** Arrive on Saturday no earlier than 2 p.m. and no later than 5 p.m. Any late arrivals will need to go to the camp office. Departure time must be between 8 a.m. and 9 a.m. the following Saturday. You may pick your camper up at the Word of Life Island dock.

*Registration is held at the Jack Wyrzten Center parking lot located on the Bible Institute property.

SCHEDULE

Breakfast: A hearty buffet of fruit, hot food, and cereal will provide campers the energy needed for a great day.

Morning Bible Hour: One of our top Bible teachers will open God's Word every morning, Monday through Friday. The topics will vary from week to week, but it will always be a growing time for both new and established Christians.

Quiet Time: For 30 minutes each morning the entire camp will stop as everyone spends time alone in God's Word and in prayer. Campers will be taught the importance of Quiet Time, how to do an effective Quiet Time, and will be helped in the formation of this important habit.

Morning Activity: Team competition will fill the remainder of the morning. Whether the game involves woods or water, it's sure to be a challenge and a great time.

Lunch Buffet: Dining hall challenges and wacky competitions earn points for teams while providing some great dining entertainment.

Afternoon: "Free Time" - Campers may choose to play in sports tournaments, enjoy the beach equipment, check out the optional seminars or participate in things such as mountain biking, high ropes or the climbing tower, etc.

Supper Buffet: A great hot meal with lots of alternate choices will keep everyone satisfied while they enjoy more dining room challenges and craziness.

Evening Rally: Each evening a pumped up rally gets everyone excited about what it means to live for Christ. Various speakers will cover important topics such as salvation, dedication, and service. Great music, thought-provoking drama, and even some competition will complement the message each night.

Night activities: A mix of activities is planned for the remainder of each night. There will be team games, free-time, optional activities and special events like a coffee house and concert. Before bed, each cabin group will be led in devotions by one of their counselors, ending the day with God's Word and prayer.

CAMPER QUESTIONS

What should I wear?

Casual clothes work best for The Rock. Make sure you have some warmer clothes such as jeans and sweatshirts for the evenings. You'll want something a little nicer to wear on Sunday morning and Friday night. Keep in mind that you'll be doing a lot of walking on uneven surfaces, so make sure your shoes are comfortable and sturdy.

Important: In order to make sure that clothing stays modest on the Island we have some dress code rules:

Guys: Modest beachwear (trunk style only) No tight fitting shorts, pants or tops.

Girls: Bathing suits must be one piece (no tankinis or bikinis). All shorts must be the length of your fingertips when relaxed at your side. Sleeveless shirts and tank tops must cover at least half your shoulder. Shorts, pants and tops must not be tight fitting.

Both: Flip Flops (rubber or plastic style sandals with little to no foot protection) may be worn only in shower facilities and on the beach.

Please be aware that these rules will be strictly enforced. You will NOT be allowed to wear any clothing that doesn't fit these standards. Please help us out by leaving this type of clothing at home. We reserve the right to make all final decisions on clothing.

We suggest that a complete list of personal belongings be posted inside the luggage. Have sleeping bag and all luggage plainly tagged with camper name and address. Please do not use plastic bags.

Where do I sleep? All campers sleep in cabins that hold anywhere from 8 to 30 people. We always try to house groups together, if possible, unless otherwise noted by the group leader. If you are coming by yourself, please notify us in advance if you have a cabin mate request.

What should I bring? Besides the clothing that we talked about before, make sure you have a Bible, flashlight, notebook, a couple of pens and pencils, a sleeping bag or blankets, toiletries, towels, bug spray and a rain coat.

WHAT NOT TO BRING:

No Tight-Fitting Clothes

No Short Shorts - Shorts Are To Be Finger Tip Length

No electronic musical devices (i.e. CD players, ipods, mp3 players)

No electronic gaming devices

No knives or guns

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REGISTRATION QUESTIONS:

e-mail: Registrar@wol.org

phone: 800.965.7177

fax: 800.965.0850

website: www.wol.org

NON - REGISTRATION QUESTIONS:

about the Rock:

e-mail: therock@wol.org

office phone: 518.532.7113 (summer only)

ACTIVITIES: During your time with us be sure to enjoy the following:

Aqua Trampoline*	Crafts
210' Water Slide	Low Ropes +
Basketball (5 on 5, 3 on 3, and 21)	Mountain Biking +
Beach	Snack Shack
Beach Volleyball	Soccer
Blob*	Swimming
Bookstore	Water Skiing*
Canoeing*	Tubing*
Coffee house	High Ropes +
Climbing Tower	

* Swim test is required for these activities

Paintball +	\$10
Party Barge +	\$ 7
All-You-Can-Eat Ice Cream Beach Party +	\$ 3

+ You must sign up for these activities at the Island office upon arrival. They fill up fast.

Word of Life Fellowship, Inc.
PO Box 600
Schroon Lake, NY 12870

1-800-965-7177